

**2023 March**  
**Middle School Lunch**

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
|   |  | <b>1</b>   | <b>2</b>  | <b>3</b>   |
|   |  | <b>Brunch For Lunch</b><br>French Toast<br>Flavored Muffin<br>Chicken Sausage Patties<br><b>International</b><br>Chicken Taco in a Bag<br><br>Potato Patties<br>Fresh Fruit<br>Assorted Fresh Vegetables   | Pizza<br>(Turkey Pepperoni or Cheese)<br><br>Caesar Salad<br><b>International</b><br>Penne Grilled Chicken Alfredo<br>Breadstick<br><br>Steamed Seasoned Broccoli<br>Fresh Fruit<br>Assorted Fresh Vegetables | Buffalo Mac and Cheese with Nashville Hot Chicken<br>Garlic Toast<br><br><b>International</b><br>General Tso Chicken<br>Lo Mein Noodles<br><br>Ginger Stir-Fry Vegetables<br>Fresh Fruit<br>Assorted Fresh Vegetables                |
| <b>6</b>  | <b>7</b>   | <b>8</b>   | <b>9</b>  | <b>10</b>  |
| Chicken Tender<br>(Regular or Spicy)<br>Garlic Breadstick<br><br><b>International</b><br>Rotini and Beef Meat Sauce<br>Garlic Breadstick<br>Parmesan Spinach Alfredo with Tortilla Chips<br>Fresh Fruit<br>Assorted Fresh Vegetables                    | Breaded Chicken Drumstick<br>Mashed Potatoes<br>Chicken Gravy<br>Dinner Roll<br><br><b>International</b><br>Italian Dunker with Marinara Sauce<br>Caesar Salad<br>Savory Green Beans with Onions<br>Fresh Fruit<br>Assorted Fresh Vegetables | Mini Chicken Corndogs<br>Chips<br><br><b>International</b><br>Baja Beef Burrito Bowl with Flour Tortilla<br>Cilantro Lime Rice<br>Buttered Corn<br>Fresh Fruit<br>Assorted Fresh Vegetable<br>Southwest Beans                                      | <b>Chicken Wing Day</b><br>Salted Pretzel with Cheese Sauce<br><br><b>International</b><br>Cheeseburger<br><br>Oven Roasted Brussel Sprouts<br>Fresh Fruit<br>Assorted Fresh Vegetable                        | <b>No School</b>   |
| <b>13</b>   | <b>14</b>  | <b>15</b>  | <b>16</b>   | <b>17</b>  |
| <b>Poppin' Flavored Popcorn Chicken Day</b><br>Southern Style OR Nashville Hot Fritos<br><br><b>International</b><br>Thai Sweet Chili Chicken with White Rice<br>Chicken Pot Sticker<br>Buffalo Cauliflower<br>Fresh Fruit<br>Assorted Fresh Vegetables | Grilled Cheese<br>Tomato Soup<br><br><b>International</b><br>Penne Grilled Chicken Alfredo<br>Garlic Toast<br>Honey Roasted Carrots<br>Fresh Fruit<br>Assorted Fresh Vegetables  | <b>Brunch For Lunch</b><br>French Toast<br>Flavored Muffin<br>Chicken Sausage Patties<br>Potato Patties<br><br><b>International</b><br>Chicken Sandwich<br>(Regular or Spicy)<br>Oven Roasted Broccoli<br>Fresh Fruit<br>Assorted Fresh Vegetables | Pizza<br>(Buffalo Chicken or Cheese Pizza)<br><br>Caesar Salad<br><br><b>International</b><br>Beef Walking Tacos<br><br>Buttered Corn<br>Fresh Fruit<br>Assorted Fresh Vegetables<br>Black Bean Salad         | Buffalo Mac and Cheese with Nashville Hot Chicken<br>Garlic Toast<br><br><b>International</b><br>Teriyaki Chicken<br>Lo Mein Noodles<br>Creamy Coleslaw<br>Fresh Fruit<br>Assorted Fresh Vegetables<br>Vanilla Cupcake Frozen Yogurt |
| <b>20</b>   | <b>21</b>  | <b>22</b>  | <b>23</b>   | <b>24</b>  |
| <b>Chicken Wing Day</b><br>Salted Pretzel with Cheese Sauce<br><br><b>International</b><br>Rotini and Beef Meatball Marinara<br>Garlic Breadstick<br>Parmesan Spinach Alfredo with Tortilla Chips<br>Fresh Fruit<br>Assorted Fresh Vegetables           | Cheeseburger<br><br><b>International</b><br>KC Mesquite BBQ Chicken Drumstick<br>Cornbread<br>Fritos<br>Sweet Potato Fries<br>Fresh Fruit<br>Assorted Fresh Vegetables<br>Baked Beans  | Chicken Bites<br>Mashed Potatoes and Chicken Gravy<br>Dinner Roll<br><br><b>International</b><br>Italian Dunker with Marinara Sauce<br>Caesar Salad<br>Mashed Potatoes and Chicken Gravy<br>Fresh Fruit<br>Assorted Fresh Vegetables               | Cheesy Beef Totchos<br>Fritos<br><br><b>International</b><br>Spicy Szechuan Chicken<br>Fried Rice<br>Chicken Potstickers<br>Oven Roasted Brussel Sprouts<br>Fresh Fruit<br>Assorted Fresh Vegetables          | Mini Chicken Corndogs<br>Chips<br><br><b>International</b><br>Hearty Beef Lasagna<br>Garlic Toast<br><br>Savory Green Beans and Onions<br>Fresh Fruit<br>Assorted Fresh Vegetables   |
| <b>27</b>   | <b>28</b>  | <b>29</b>  | <b>30</b>   | <b>31</b>  |
| <b>No School</b>  | <b>No School</b>   | <b>No School</b>   | <b>No School</b>  | <b>No School</b>   |
| <b>Offered Daily</b>  |  |  |   |  |
| Manager Choice Grab and Go Salad  | Manager Choice Grab and Go Sandwich  | Manager Choice Grab and Go Salad   | Manager Choice Grab and Go Sandwich   | Manager Choice Grab and Go Salad   |

**IN SCHOOL OFFERED DAILY:**

Manager Choice of: Yogurt Parfait, or Peanut Butter/Sun Butter and Jelly sandwich

**This institution is an equal opportunity provider.**